**INFORMATION GUIDE**

For participants of the International Training Course

“Wings for You(th)”

Romania

Visit in Advance: 02-04.03.2016

Project date:10-20.04.2016

Welcome to the “Wings for You(th)” Youth Exchange. As you already know, this project will bring together 30 teenagers (18-25 years old) from 5 different countries: Romania, Turkey, Spain, Czech Republic and Bulgaria.

 We are looking forward to welcome you in Onesti and spend a wonderful, inspiring and useful time together!

**Short story, Objectives, Activities & Impact**

If we look around us, we will see that a lot of teenagers are excluded from groups and discriminated. The issues of inclusion and diversity can be approached from many different directions and experienced in many different ways. However, everything does seem to revolve on the question of where you place yourself in relation to the issues and where you position yourself in the society in which you live. This will depend on how you see and understand yourself in terms of culture, status, education, employment and economic situation, sexuality, mobility… and the list goes on and on. In the various definitions of “inclusion” and “diversity”, the two main elements which come up are: the condition and degree of being “in” or “out”; and the process of changing that condition. Not being involved in our society, discrimination of youth with few opportunities, low levels of awareness among young people about the cultures of other countries, excluding oneself from society, prejudices, promoting non-values in society can cause negative effects on young people (such as lack of motivation, lack of involvement, self-exclusion from society, the emergence of prejudice, intolerance and indifference feeling adoption, loss of national identity) and on society and the community (such as loss of traditions and values, loss of unity and uniqueness concept).

The project will contain numerous non-formal activities such as: debates, brainstormings, workshops, presentations, intercultural nights, treasure huntings, games, energizers, getting to know each others games, activities in a Reeducation Center, teamwork, etc. The objectives of the project are: to increase the understanding and acceptance of the other cultures and traditions; to increase the understanding of diversity; to reduce exclusion and to increase inclusion; to discover new things about EU; to promote non-formal education.

We wish that this Youth Exchange will have a large impact among the participants, their NGOs and their communities. We want teenagers to be more tolerant, more implicated in volunteering activities, to develop new skills(public speaking, adaptability, teamwork, etc), to discover the importance and diversity and new thing about EU. A bigger impact will be on youth with few opportunities, they discovering through this project that they are the same as the others, they will be more self-confidence, will be more involved in volunteer activities, will be treated as equals during all the activities, will make new friends and will discover the benefits of the program Erasmus Plus. In terms of partner organizations and their communities, they will learn about the importance of inclusion in society with the help of the participants of the Youth Exchange and they will realize that exclusion and discrimination are problems which we should pay more attention in the future. We hope that this project will have a continuity in the future.

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Day/Hour |  | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |  |
| 8:30- 9:30ARRIVAL |  | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast | BreakfastBreakfast |  |
|  | Info about the project | Our Europe | Who am I?Share yourself | WorkshopStirring the bowl | Teach us | Visit at the Reeducation Center | Visit at the Town Hall | Let’s build bridges | FeedbackYouthpassDEPARTURE |
|  |
|  | Lunch  | Lunch  | Lunch  | Lunch  | Lunch  | Lunch  | Lunch  | Lunch  | Lunch  |
|  | RulesSecret friendTreasure Hunting | BrainstormingDebateWorkshopExposition | Innequality StreetWorkshop | Socrate Service | WorkshopOur StoryFree Time | Visit at Saltmine in Tg-Ocna | FacepaitingMovie | WorkshopFinal Evaluation | Free Time |
| Dinner |  | Dinner  | Dinner  | Dinner  | Dinner  | Dinner  | Dinner  | Dinner  | Dinner  | Dinner  |
|  | Welcome Party | Intercultural Night (Spain) | Intercultural Night (Czech Republic) | Thematic Party: Black and White | Intercultural Night (Bulgaria) | Intercultural Night (Turkey) | Free Time | Intercultural Night (Romania) | Farewell Party |

**Visit in Advance:**

**Period: 02-04 March 2016 (including travel days)**

**Participants: the leader group of every country (the leader group should participate during the Youth Exchange also)**

**During the Visit in Advance we are going to discuss about the schedule, your responsabilities, about the transport and about the profile of the participants. We are going to attend a radio show.**

**Responsabilities before and during the project:**

* **You need to prepare for the Intercultural Nights. You can bring food and drinks, national costumes, you can present your country and your culture. You can also teach us some of your dances and tell us about your traditions.**
* **You need to prepare a presentation about how your NGO is involved in activities about social inclusion and diversity. You need to present us how your country is fighting exlusion, why people are excluding the others in your society, what kind of activities your NGO and your country are doing in order to combate discrimination and to promote integration.**
* **You should read about the EU, its institutions and the benefits of your country in being a member**
* **Participants should search sterotypes about the other countries involved in the project (Romania, Czech Republic, Bulgaria, Spain, Turkey)**
* **You need to provide medical insurance**

**Don’t forget to bring:**

* **Your laptops and cameras**
* **RON cash**
* **Warm clothes**

**Responsabilities after the project:**

* **We want to create a brochure after the project and we will need your help. The brochure will contain details about the project, testimonials, details about your NGOs, details about how your NGO is fighting against exclusion and discrimination.**
* **You need to help us with the dissemination and send us the material after that, as we need them for the final report.**

**Other things you need to know:**

* **Here you have some photos of Onesti:** [**http://www.onestionline.ro/panoramice/sumar.html**](http://www.onestionline.ro/panoramice/sumar.html)
* **You are going to be accommodated in bedrooms for 2 - 4 persons, men and women separated.**
* **Don’t forget to bring your ID and your Student Card (you will need it for discounts)**
* **In all the articles that you are going to publish, you need to mention the fact that the project was financed by the EU through Erasmus+ Programme.**
* **Facebook Group:** [**https://www.facebook.com/groups/936456773089709/**](https://www.facebook.com/groups/936456773089709/)
* **Facebook Page:** [**https://www.facebook.com/wingsforyouthyouthexchange/?fref=ts**](https://www.facebook.com/wingsforyouthyouthexchange/?fref=ts)

**Participant’s Profile:**

* **Ages between 18-25 years old.**
* **They should know at least conversational English.**
* **There should be a gender equilibrium and at least half of the participants should be teenagers with few opportunities (economic, racial, social, ethnic, religious)**

**Travel Costs:**

**Czech Republic: 170 Euro**

**Bulgaria: 80 Euro**

**Turkey: 170 Euro**

**Spain: 270 Euro**

**Emergency contacts:**

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