



“NSZ across Europe“

Training Course

Prague (Czech Republic)

October 1 – 7, 2015

Project description

Countries: Armenia, Croatia, Czech Republic, Georgia, Poland, Portugal, Romania and Turkey

Dates: October 1 – 7, 2015

Location: Prague, Czech Republic

Hosting organisation: Change it! (Czech Republic) www.change-it.cz/en

We have created the project after communication with our previous partners from the project Don't let them mess with you! (Nenech sebou zametat!), because we are still missing common cooperation in peer learning education or non formal education about ICT, cyberbullying, bullying and human rights. During our previous project we have been working with more than 3500 youngsters for almost 3 years and also through our surveys we have seen that our activities are needed. Now we want to extend our cooperation because we don't want to stay just in bilateral cooperation (Czech Republic and Poland).

The main aim of the project is to show to another organisations how to make activities based on peer learning in connection to ICT, cyberbullying, bullying and human rights. 32 participants (between age 18 and 30) of this TCA would be able to make workshops about these topics after this training. And they would be able to implement new ICT methodology into their work.

This one-week TCA is based on workshops, discussions, best practises and innovation and implementation to the future activities of the participating organisations.

Arrival and Departure dates

Arrival: October 1, 2015

Departure: October 7, 2015

Note: The flight tickets with late arrivals or early leavers cannot be accepted or reimbursed. In case of no flights on specified dates, please inform the hosting organization to make special arrangement.

Participants' profiles

4 participants from each project organisation

- Youth worker or young leader preferably between 18 - 30 years old (no upper age limit)
- Good English language skills
- **Interest and commitment to attend the full duration of the training course**
- **Please be aware of the gender balance!**

Registration form for all participants: <https://change-it.cz/en/projects/25>

Accommodation and food

The training course will be implemented in the frame of the Erasmus + Programme.
Accommodation and food will be covered 100% by the received grant.

Participants will stay in Hotel Prokopka (www.prokopka.cz/en). Participants will share rooms (3 participants/room; 2 rooms have shared facilities). Participants will be provided with three meals per day.

Important notice on food: Please, keep in mind, that the provided food may differ from the food you are used to have in your country, and, even in case of providing food for special groups, e.g. (if you are heavily meat eater or vegetarian) it may not fully meet your expectations. We strongly recommend participants to inform the organizers **IN ADVANCE** about any special needs.

Travel costs and reimbursement

Due to better planning and time management of the arrivals of all participants we have decided to buy your flight tickets by our organization. Because of this it is needed to pay a refundable deposit (70 % of your travel budget) by our participants of the project. We will refund you the amount after the end of the project. The deposit is needed to pay until **August 8, 2015**.

Travel expenses will be reimbursed according to this table:

Country	Travel budget per participant	Deposit needed to pay
Armenia	360 EUR	252 EUR
Croatia	275 EUR	192 EUR
Georgia	360 EUR	252 EUR
Poland	275 EUR	192 EUR
Portugal	360 EUR	252 EUR
Romania	275 EUR	192 EUR
Turkey	275 EUR	192 EUR

Participants must provide original tickets (and boarding passes)! If you need **visa assistance** for entering the Czech Republic, please, contact us (botlik@change-it.cz)! We will discuss the processes with you separately.



Change it!

Moskevská 3060/11, 434 01 Most

info@change-it.cz

www.change-it.cz

IČ 02659263

Payment instructions

Bank account number	2700562433 / 2010
Owner of the bank account	Change it!
IBAN	CZ4920100000002700562433
BIC/Swift	FIOBCZPPXXX
Bank name	Fio banka, a.s.
Address	V Celnici 1028/10, Praha 1

The text (message) for the receiver of the payment: NSZ_Country_NAME_deposit (e.g. NSZ_POL_Gawronska_deposit or NSZ_CZE_Botlik_deposit).

If you have any questions, contact us through e-mail botlik@change-it.cz.

See you soon in Prague!

Your Change it! team ☺